CLUB POLICIES

- 1. Any trip, whether it be an on-road or off-pavement trip, that is to be considered as an LRCSD sanctioned event must be proposed in writing and submitted to the Events Chairperson for approval by the Board of Directors. The proposal must include the following details:
 - The name of the trip leader.
 - A descriptive name for the trip and the planned duration of the Trip. (Example: Lake Morena Area – 1 day)
 - A difficulty rating (Easy, Moderate, Difficult).
 - The date and time and location of departure.
 - A friendly, inviting, chronological description of the outing that Includes where we are going and what we will see.
 - List of all required items for the trip, such as sack lunches, Extra drinking water, recovery gear, etc.
 - An advisory of any costs to the member, such as camping or trail Fees, that will or might be incurred.

Note that the Events Chair will help you with any aspect of the proposal. Also, Look at one of the Trip Sheets that accompany a club newsletter.

- 2. Members are allowed to bring guest vehicles on no more than two LRCSD events in a one year period and only with prior approval of the trip leader; however, members may have guest join them in the member's vehicle at any time.
- 3. All guests must sign an insurance release form prior to the trip.
- 4. A parent or guardian of any minor guest must sign the appropriate release form prior to a trip.
- 5. All members must sign a reaffirmation form prior to each trip.
- 6. All trip participants must stay with the group and follow the instructions of the trip leader.
- 7. All vehicles participating in a trip must carry:
 - extra water
 - an A-B-C fire extinguisher
 - basic recovery gear (a tow rope and shackles or D-rings)
 - a first-aid kit
 - a 40-channel CB radio with an external antenna

- 8. If you have a medical condition that might require sudden medical attention, you must keep appropriate medical information and emergency contact information in the glovebox of your vehicle during a trip.
- 9. Seatbelts must be worn at all times.
- 10. Drinking of alcoholic beverages is not allowed while on the trail.
- 11. Firearms are not allowed on a trip.